

Level 6/7/8 Regional Championships

Greensboro Coliseum Event Center, 1921 W Gate City Blvd, Greensboro, NC

<https://sarahmyers5.wixsite.com/reg8level678champ>

Level 6/7/8 Coaches Meeting <https://www.youtube.com/watch?v=oKd06E1ce-s&feature=youtu.be>

Friday April 28, 2023

Gym A

Session 1A Level 7 75 athletes
Born 10/2/2011 and After (Younger)

Stretch 9:00 - 9:20 AM
March In 9:20 - 9:30 AM
Warm Up/Compete 9:30 - 12:50 PM
Awards

Session 2A Level 7 75 athletes
Born 9/10/2010 to 10/1/2011

Stretch 12:50 - 1:10 PM
March In 1:10 - 1:20 PM
Warm Up/Compete 1:20 - 4:40 PM
Awards

Session 3A Level 7 State Teams (64 athletes)

All Ages

Stretch 4:40 - 5:00 PM
March In 5:00 - 5:10 PM
Warm Up/Compete 5:10 - 7:40 PM
Awards

Sunday April 30, 2023

Gym A

Session 7A Level 6 75 athletes
Born on 03/10/2012 and after (Younger)

Stretch 8:00 - 8:20 AM
March In 8:20 - 8:30 AM
Warm Up/Compete 8:30 - 11:35 AM
Awards

Session 8A Level 6 76 athletes
Born 03/07/2011 - 3/09/2012

Stretch 11:35 - 11:55 AM
March In 11:55 - 12:05 PM
Warm Up/Compete 12:05 - 3:10 PM
Awards

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Saturday April 29, 2023

Gym A

Session 4A Level 8 60 athletes
2/9/2011 and After (Younger)

Stretch 8:00 - 8:20 AM
March In 8:20 - 8:30 AM
Warm Up/Compete 8:30 - 11:30 AM
Awards

Session 5A Level 8 60 athletes
5/4/2010 to 02/08/2011

Stretch 11:30 - 11:50 AM
March In 11:50 - 12:00 PM
Warm Up/Compete 12:00 - 3:00 PM
Awards

Session 6A Level 8 61 athletes
08/25/2009 to 05/3/2010

Stretch 3:00 - 3:20 PM
March In 3:20 - 3:30 PM
Warm Up/Compete 3:30 - 6:30 PM
Awards

Sunday April 30, 2023

Gym B

Level 6/7/8 Coaches Meeting

Session 7B Level 6 76 athletes
Born 03/10/2010 - 03/06/2011

Stretch 8:00 - 8:20 AM
March In 8:20 - 8:30 AM
Warm Up/Compete 8:30 - 11:35 AM
Awards

Session 8B Level 6 76 athletes
Born on or Before (Older) 03/09/2010

Stretch 11:35 - 11:55 AM
March In 11:55 - 12:05 PM
Warm Up/Compete 12:05 - 3:10 PM
Awards

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Friday April 28, 2023

Gym B

Session 1B Level 7 75 athletes
Born 9/10/2009 to 9/9/2010

Stretch 9:00 - 9:20 AM
March In 9:20 - 9:30 AM
Warm Up/Compete 9:30 - 12:50 PM
Awards

Session 2B Level 7 76 athletes
Born on or before (Older) 9/9/2009

Stretch 12:50 - 1:10 PM
March In 1:10 - 1:20 PM
Warm Up/Compete 1:20 - 4:40 PM
Awards

Session 9A

All Ages Level 6 State Teams (64 athletes)

Stretch 3:10 - 3:30 PM
March In 3:30 - 3:40 PM
Warm Up/Compete 3:40 - 6:15 PM
Awards

Saturday April 29, 2023

Gym B

Session 3B Level 8 61 athletes
10/23/2008 to 8/24/2009

Stretch 8:00 - 8:20 AM
March In 8:20 - 8:30 AM
Warm Up/Compete 8:30 - 11:30 AM
Awards

Session 4B Level 8 61 athletes
11/13/2007 to 10/22/2008

Stretch 11:30 - 11:50 AM
March In 11:50 - 12:00 PM
Warm Up/Compete 12:00 - 3:00 PM
Awards

Session 5B Level 8 60 athletes
Born on or Before (Older) 11/12/2007

Stretch 3:00 - 3:20 PM
March In 3:20 - 3:30 PM
Warm Up/Compete 3:30 - 6:30 PM
Awards

Session 6B Level 8 State Teams (64 athletes)

All Ages

Stretch/Team Pictures 6:30 - 6:50 PM
March In 6:50 - 7:00 PM
Warm Up/Compete 7:00 - 10:00 PM
Awards

